

HEALTH ISSUES

*Suicide Prevention * Abuse * Depression * Sex * Eating Disorders *
School Issues * Pregnancy * Parenting Troubles * Chemical Dependency *
Runaways * Bullying * Anger * Relationship Problems * and more...*

**If you are experiencing a MEDICAL EMERGENCY,
CALL 911 IMMEDIATELY!**

DO NOT attempt to access emergency care through any of these websites!

These websites are for informational purposes only and are not intended to replace the medical advice, diagnosis, or treatment provided by a qualified health care provider.

These sites are meant to assist you in making intelligent and informed decisions, not as medical or professional advice. As you search, remember: just because you see the information “in print” doesn’t always mean the information is correct, you must read critically and evaluate.



www.suicide.org

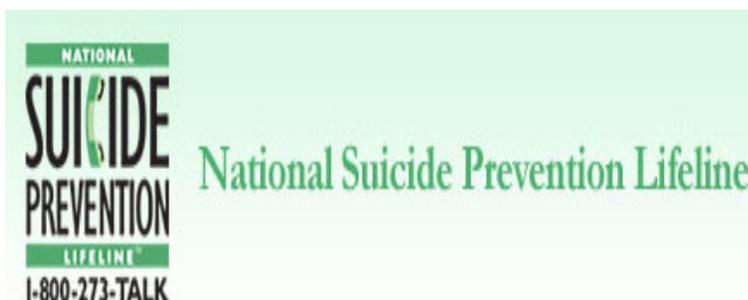
**If you or someone you know is in immediate danger
because of thoughts of suicide**

Call 911 now

If you are not in immediate danger because of thoughts of suicide, but need someone to talk with about your suicidal feelings, see one of the counselors at school or call one of the following national suicide prevention lines (24/7):

1-800-SUICIDE (1-800-784-2433)

1-800-273-TALK (1-800-273-8255)





family | relationships | feelings | suicide | basic needs | abuse | health | sex | drugs & alcohol | running away |

www.nineline.org

Need to Talk?

Are you or a friend looking for answers to tough questions?

Call the Covenant House hotline to talk about your concerns. Anywhere. Anytime. 24/7.
1-800-999-9999. It's free, and it's confidential.

Use the website to send them an e-mail, ask a question, or learn more about the problems you're facing.



1.800.448.3000

www.boystown.org

Not just for boys! Help and information is available for girls and parents also 24/7.



www.coolnurse.com

LOTS of information and links on just about every health topic you can think of.
Appears to be designed specifically for humans your age.



<http://kidshealth.org/teen>

Again, a lot of information and links on a lot of different health topics related to teens, including bullying.

Lots of information and links on a variety of topics at this site, but not designed specifically for young people.



Pregnant Teen Help

<http://pregnantteenhelp.org/>



Pregnant Teen Help offers information on teen pregnancy statistics, pregnancy facts, teen pregnancy prevention, and available options.

Rape Prevention Measures

www.ncf.ca/freenet/rootdir/menus/sigs/life/feminism/safety/rape.prev

INTERVENTION
Rape Crisis and
PREVENTION

SEXUAL ASSAULT INTERVENTION AND PREVENTION
SERVING BUTTE, GLENN, AND TEHAMA COUNTIES

24 Hour Crisis Line: 342-RAPE (7273)

Collect Calls Accepted

www.rapecrisis.org

Rape Crisis Intervention's definition of sexual assault is any act committed against a person's will by force, coercion, or trickery that is of a sexual nature.

Rape Crisis provides a variety of services to sexual assault survivors and their family members and friends within Butte, Glenn and Tehama counties. We can help in an emergency through our 24 hour crisis line, staffed by trained Volunteer Advocates. We offer ongoing support, assistance, counseling, groups and referral to other services. Our services are confidential, except when we are working in a school we are required by law to report to Children Services Division.



www.1800runaway.org

Youth & Teens

Are you in crisis?

We can help you talk it out. We're here to listen. All calls are confidential and free 24 hours a day, 365 days a year. We won't tell you what to do and we're not here to give out advice. We aim to help you help yourself. We talk through your problems and help you find a plan of action. Help is available. Call 1-800-RUNAWAY now to speak with someone



www.abovetheinfluence.com

The goal of Above the Influence is to help you become aware of, and to resist, the negative pressure and influences that can bring you down and make you less than all you are or can be.



www.shalomfreeclinic.org

Provide under insured and uninsured children and adults with health screening, primary care interventions, health service, and education including physical and mental/behavioral health services free of charge. No appointment is needed.

Open every Sunday afternoon 1:00 - 4:00 p.m.

**The Shalom Free Clinic is located in the Education Building next to the
Congregational Church of Chico at
1190 E. First Avenue, Chico, CA 95926**



www.healthyfamilies.ca.gov

Healthy Families is low cost insurance for children and teens. It provides health, dental and vision coverage to children who do not have insurance and do not qualify for free Medi-Cal. Call 1-800-880-5305 for more information or to apply.